

Bridging the Mind-Body Gap

Medical Symposium for Psychiatrists

Saturday 17th November 2012



"The greatest mistake in the treatment of diseases is that there are physicians for the body and physicians for the soul, although the two cannot be separated." - Plato



One Day Symposium on Medical Advances Relevant to Psychiatry

Enhance the way you practice psychiatry by joining an exciting and stimulating day of learning, debate and networking. The Medical Symposium for Psychiatrists is a face-to-face workshop that empowers you to effectively manage basic physical healthcare for your patients.

- Intensive one-day workshop
- Suitable for Consultants and Trainees
- Focus on practical medical scenarios as relevant to psychiatry
- Learn about current evidence based practices from experts
- Learn about diagnosing and managing common medical co-morbidities
- Learn about the rise and role of Psychoneuroimmunology
- BYO – Bring your own complex cases for discussion

Moderated and facilitated by Doctor Sanil Rege and consolidated with the expert knowledge of four specialists in medicine, the intensive one-day workshop has been designed to equip psychiatrists with skills and knowledge to manage physical co-morbidities for patients. Experienced clinicians in their respective specialties impart their knowledge on advances in diagnosis and management, offering you the potential to transform your psychiatric practice.

Symposium Programme Saturday 17th November 2012

9.30 -10.00	Registration and arrival tea & coffee
10.00	Workshop Begins
10.00	Updates in Endocrinology by Prof Katherine Samaras
11.00	Morning tea
11.15	Circadian Rhythms and Psychiatry by Prof Philip Boyce
12.30	Networking Lunch
13.30	Autoimmunity and Psychiatry by Dr Sanil Rege
14.30	HIV Associated Neurocognitive Disorder by Dr Russell Barker
15.30	Afternoon tea
15.45	Amazing Advances in Cardiology - What Psychiatrists Should Know about the Heart by Dr Stephen Fenton
17.00	Concluding Remarks
17.30	Workshop Concludes

Symposium Fee: \$695
(includes course materials and catering)

Venue: Swissôtel Sydney (68 Market Street, Sydney 2000)

Bookings & Info: info@psychscene.com



Symposium Moderator

Dr Sanil Rege

MBBS MRCPsych FRANZCP

Having gained extensive teaching experience through his previous course initiatives, Sanil is renowned as an enthusiastic and motivational training facilitator who promotes interaction and discussion. As the Academic Lead of Psych Scene, he aspires to make a difference in mental health by empowering Consultant Psychiatrists, Trainees and other Mental Health Professionals to advance their skills and career through specialised training.



Guest Speaker

Prof Katherine Samaras

Katherine Samaras is a senior staff specialist in the Department of Endocrinology at St Vincent's Hospital, the Head of the Diabetes and Obesity Clinical Group at the Garvan Institute of Medical Research and Director and Founder of the Australian Centre of Metabolic Health. She is an active clinician and researcher in endocrinology and metabolism, having published over 90 scientific papers, with the major focus on the determinants and pathophysiology of obesity.



Guest Speaker

Prof Philip Boyce

Philip Boyce is the head of the Perinatal Psychiatry service at Westmead Hospital and his current research focus is into the impact of psychotic disorders on women in pregnancy and postpartum and predictors of bipolar relapse following childbirth. With his long standing clinical and research interest in perinatal mental health and mood disorders, Professor Boyce was President of the International Marce Society from 2001-2003 and helped establish their Australasian Branch.



Guest Speaker

Dr Russell Barker

Russell Barker is an Immunology Advanced Trainee at The Royal Prince Alfred Hospital where the first Multi-Disciplinary HIV Clinic in Sydney was commenced. As a result, a strong Psychiatric and Neuropsychology service has developed for people living with HIV and the varied presentations of the HIV Associated Neurocognitive Disorder (HAND). Dr Barker has been recently involved in HAND screening initiatives and up-to-date multidisciplinary approaches to helping these clients through understanding of the pathophysiology.



Guest Speaker

Dr Stephen Fenton

Stephen Fenton has been a practising cardiologist since 1983 and specialises in general adult cardiology, angiography and echocardiography. His clinical interests also include cardiac catheterisation. The convenor of the renowned international cardiology conference The Port Douglas Heart Meeting since 1999, Dr Fenton is actively involved in continuing professional education for GPs and cardiac health professionals, and is an invited chairperson, moderator and panelist at clinical cardiology conferences in Australia and internationally.