

# Must Read List for CEQ

## 1. Essay Writing

### **ADHD debate**

A stimulating debate from two experienced Child and Adolescent Psychiatrists about the validity. This article is useful for exam going candidates to improve their essay writing skills by combining both arguments to provide a balanced view on ADHD. It has to be noted that the exam essay requires a discursive method as opposed to an argumentative method as adopted in this article.

### **Psychiatry and the pharmaceutical industry**

A useful article for essay writing. The style is often in the first person, however in the exam this has to be modified to the third person as it is not meant to be an opinion piece. Nonetheless, a number of themes within the editorial are relevant to essay writing in the exam.

### **Health implications of a size zero culture**

This is an excellent editorial which provides not only a number of important themes in essay writing but also provides a format and style that is applicable to the critical essay. The first two paragraphs (background and introduction) provide an ideal way of putting the essay into perspective and then guiding the examiner to the most important aspects that will be covered in the main body of the essay. Definitely worth a read!!

### **Patient choice in psychiatry**

### **Risk, Psychiatry and The Military**

### **Psychiatric Illness and Society**

### **Psychiatry and The Pharmaceutical Industry**

An article by Joanna Moncrieff, who is well known for her outspoken views on the relationship between psychiatry and pharma. For the purposes of the essay, it is important to present a balanced view however.

### **Personality disorder - An Illness?**

Useful article that outlines the concept of illness and how it applies to personality disorder. The concepts can be widened for psychiatry as a whole and incorporated in many essay topics.

### **Distinction between Mental and Physical Illness**

**A must read.** Outlines the dichotomy that pervades medicine.

### **Stigma in Psychiatry**

## 2. Essay Tips

### **Essay Tips by Dr Lillian Ng and Dr Mark Burns**

**Asylum Seekers and Psychiatry**

**Tips on DSM-V**

**Controversies in DSM-V**

### **3. Leadership and Management**

**Recovery Based Services**

**Clinical Governance**

**Lessons in Leadership - Small Words Count**

**Lessons in Leadership - Keep it Simple**