History of Psychiatry

1. Abnormal Illness: Behaviour: Pilowsky
2. Agnosia: Freud
3. Alexithymia: Nemiah & Sifneos
4. Anxiety: Lewis
5. Crisis Intervention: Linderman, Caplan
6. Development of Clozapine: Kane
7. Development of Imipramine: Kuhn
8. Ecological theory of suicide: Sainsbury
9. Gestalt Therapy: F. Perls
10. Hypnotherapy: Milton Erikson
11. Illness Behaviour : Mechanic
12. Interpersonal therapy: Sullivan
13. Malarial treatment of neurosyphilis (Nobel Prize): Wagner von Jauregg
14. Moral treatment; breaking of the chains of the inmates of the Saltpetriere: Pinel (1745-1826)
15. Primal therapy: A. Janov
16. Psychobiology: Adolf Meyer (1866-1950)
17. Psychodrama: J. Moreno
18. Reciprocal Inhibition: Joseph Wolpe
19. Social Learning: Albert Bandura
20. Sociological theory of suicide : Durkheim
21. The Sick Role: Parsons
22. Therapeutic Community: Maxwell Jones
23. Token Economies: Ayllon & Azrin
24. Transactional analysis : F. Berne
25. Hysteria – a disease of the mind: Thomas Sydenham
26. Hypnotism: Anton Mesmer
27. Dysmorphophobia: Morselli
28. Dementia Praecox: Emil Kraepelin
29. The Four A's of Schizophrenia: Eugene Bleuler
30. Capgras delusion: Raboul-Lachouz
31. Fregoli delusion: Courbon & Frail
32. "Bell and Pad" treatment of enuresis: Mowrer & Mowrer
33. Syndrome of Intermetamorphosis: Courbon & Turques
34. Schizoaffective Disorder: Kasanin
35. Autism described: Leo Kanner

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36. Bilateral ablation of the prefrontal cortex causes chimpanzees to become more placid and less anxious: Fulton & Jacobsen
37. Human frontal leucotomy: Egas Moniz (1874-1955)
38. Pyknic, athletic, asthenic body types: Kretschmer
39. Dissociation: Janet
40. ECT: Cerletti and Bini
41. Lithium: John Cade
42. Alcoholics Anonymous; '12-step programme': Bill Wilson
43. Psychosomatic medicine: F. Alexander
44. Chlorpromazine: Charpentier
45. DSM I published: Influenced by the ideas of Adolf Meyer
46. Psycholinguistics: Naom Chomsky
47. Development of MAOIs: Kline
48. General Adaptation Syndrome/ Biological stress: Hans Selye
49. Cognitive Dissonance: Leon Festinger
50. 'Social Class and Mental Health' – demonstrated strong inverse association between social class and mental health: Hollingshead & Redlich
51. 'Synthesis of Haloperidol: Janssen Laboratories
52. First Rank Symptoms of Schizophrenia: Kurt Schneider
53. Aversion Therapy, Covert Sensitization: Rachman & Teasdale
54. Exposure Therapy: Marks, Gelder, and Mathews
55. Schizophreniform Psychosis: Langfeldt
56. Five factor model of Personality: Tupes and Christal
57. Cognitive Theory of Depression: Aaron Beck
58. Harlow's monkeys – 'critical period' when mother-child bonding took place: Harry Harlow
59. 'Transitional object', 'primary object', 'good-enough mother'; object relations: Donald Winnicott
60. Gate Control Theory of Pain: Melzack and Wall
61. Anti-manic properties of Valproate: Lambert
62. Borderline Personality: Otto Kernberg
63. Learned Helplessness: Seligman & Maier
64. Marital Therapy: Henry Dicks
65. 'Practice of behaviour therapy'; 'systematic densensitization': Joseph Wolpe
66. Attachment theory: John Bowlby
67. Biofeedback: Birk
68. Classification of phobias: Marks
69. Structural Family Therapy: Salvador Minuchin
70. The 'Milan School' of Systemic family therapy: Palazzoli et al.
71. Alcohol Dependency Syndrome: G. Edwards & M. M. Gross

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72. Cognitive Treatment of Depression: A. Beck
73. Parasuicide: Kreitman
74. Syndrome of subjective doubles: Christodolou
75. Working class women in Camberwell: Brown & Harris
76. Deliberate Self Harm, Malignant alienation: Morgan
77. Monosymptomatic hypochondriacal psychosis: Munro
78. Interpersonal Therapy: Klerman et al.
79. Manie sans delire: Pinel
80. Moral Insanity: Pritchard
81. Personal Construct Theory: Kelly
82. Repertory Grid: Bannister
83. Self-Theory: Roger
84. HONOS and Present State Examination: John Wing
85. Individual psychology: Adler
86. Schizophrenia (Negative symptoms): Andreasen
87. Antipsychiatry: Basaglia
88. The Myth of Mental Illness: Szasz
89. Asylums: Goffman
90. Huntington's Chorea: Chiu
91. Psychoanalysis and group therapy: Wilfred Bion
92. Biological basis of schizophrenia: Tim Crow
93. LSD: Albert Hoffman
94. Classification of Personality Disorders: Gannushkin
95. Effects of discrimination: Fannon
96. Phenomenology: Karl Jaspers
97. Analytical psychology: Jung
98. Psychiatric genetics: Kety and McGuffin
99. Molecular basis of memory: Kandel
100. Sexuality: Richard Von-Kraft Ebbing
101. Logotherapy and existential psychotherapy: Frankl
102. Treatment if GPI: Jauregg
103. Cross Cultural Psychiatry: Tan
104. Diagnostic Criteria: Spitzer
105. Social psychiatry: Paykel

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