



ATTENDEE FEEDBACK

"Absolutely terrific, real understanding of what education is helpful to us as GPs. Never had this quality psychiatric education. Thank you so much."

ADVANCED

GP Mental Health Skills Masterclass

Learn more about the specific management of complex psychiatric cases and co-morbidities in one full day of expert training.

**ADELAIDE ROCKFORD
Saturday 10th October 2020**



Mental Health Skills for GPs

This masterclass is intended for GPs who have already completed the GP mental health skills masterclass.

Learning Objectives

- » Perform risk assessments and manage risk in a primary care setting with knowledge of referral pathways for acute presentations at an advanced level.
- » Apply focused interview questions based on diagnostic criteria for individual psychiatric disorders to maximise diagnostic efficiency in a short span of time.
- » Develop a formulation based on bio-psycho-socio-cultural-lifestyle factors. This formulation will form the basis behind the GP Mental health treatment plan.
- » Prescribe antidepressants, antipsychotics and mood stabilisers with confidence based on evidence-based principles.
- » Match the appropriate psychological technique to the disorder which is linked to improved patient outcomes

Masterclass Moderator

Dr Sanil Rege

MBBS, MRCPsych, FRANZCP

Having gained extensive teaching experience through his previous course initiatives, Sanil is renowned as an enthusiastic and motivational training facilitator who promotes interaction and discussion. As the Academic Lead of Psych Scene, he aspires to make a difference in mental health by empowering Consultant Psychiatrists, Trainees and other Mental Health Professionals to advance their skills and career through specialised training. He is also founder of Vita Healthcare, a private clinic specialising in mental health.



Workshop Programme

- 08.30 Registration
- 09.00 Consumer and Carer Q&A
- 09.45 Refresher on Completing a GP MHTP
- 10.15 Morning Tea
- 10.30 Clinical Update on Mood Disorders and Trauma Related Disorders – Case study
- 11.00 Clinical Update on Psychosis / Schizophrenia with Case Study – Case Study
- 11.30 Rapid Refresher on Psychopharmacology
- 12.00 Basic Principles in Management of Personality Disorders – Case study
- 12.30 Lunch
- 13.30 Interactive Case Study – Presentation of depression in elderly
- 14.15 Interactive Case Study – Depression in young female with peri-natal aspects
- 15.00 Interactive Case Study – Bipolar disorder
- 15.30 Afternoon Tea
- 15.45 Interactive Case Study – Psychosis presentation in a young male
- 16.15 Interactive Case Study – Management of substance use and side effects of antipsychotics
- 16.30 Shared Decision Making and Multidisciplinary Collaboration
- 17.00 Medicare and Support Systems for GPs
- 17:30 Masterclass concludes

Venue and Registrations

**Venue: Mercure Grosvenor Hotel Adelaide
125 North Terrace, Adelaide SA 5000**

Register Online: <https://psychscene.com/gp-mental-health-skills-training/>



This is a Clinical Enhancement Module (CEM) activity, and requires completion of a Core Module to enable eligibility to access item numbers 2715 and 2717. Eligibility is subject to approval by Medicare.

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